



Can you match the Six Steps of Handwashing to their correct number?

- Rinse germs away 1
- Don't forget to clean your fingernails 2
- Dry your hands 3
- Apply soap 4
- Wet your hands with warm water 5
- Rub your hands together for 20 seconds. 6

Wash Your Hands Song

Lyrics sung to the tune of "Jingle Bells."

Wash your hands, Wash your hands
 Flu season is here
 Cover yourself when you cough or sneeze
 Don't spread the bugs this year.

While on buses, While on trains
 Where you work or live
 Take good care, be germ aware
 Flu's not the gift to give

Wash Your Hands Word Search

t	s	b	e	s	n	i	r	p	r
d	d	s	m	b	w	s	a	l	r
e	a	d	i	t	a	o	a	e	h
i	r	e	r	h	s	t	i	z	r
y	h	i	g	r	h	o	r	i	z
o	d	u	e	e	h	w	e	t	e
e	o	t	r	e	a	e	t	i	n
c	a	c	m	d	n	l	c	n	s
w	s	o	s	u	d	s	a	a	m
l	b	u	r	c	s	e	b	s	w

- | | | | |
|-------|----------|-------|--------|
| germs | scrub | dirt | cough |
| soap | bacteria | towel | lather |
| suds | grime | wash | rinse |
| water | sanitize | hands | dry |

Wash Your Hands

s s s s u a l c o h o l - b a s e d o u
 o n n m p w b a c t e r i u m b e c a
 c s i e a e s r t p m r v s e r w e e o
 c t c t o p n g e h e v i t c e f f e t
 e o e s s a n z h e e n g o i o v i s e
 r r n y l n i e v g a r o e n d y h c
 l m s s a t v e i g m n r a o n r l g r
 w e c e l m i c r o s c o p i c i f e u
 s i l n r i l o u i i p u h t s y o f t
 w c a u e o t s r e i s i n i g a i e
 g s a m t r i e f n a l c e a u n n e
 c c v m c o b t s i w l y - v c d n r u
 i y t l a t l n n d n i g s e o p d i i
 g e m b b a e n e l f c t r u n i i a
 u n t i r e a s a u e c p g t n i i
 n h i g t i h s f e a d e c g h t i r i
 g r t t n p e h i i n f e c t i o n o a
 n p y r a s s e c e n y u r i n w e y e
 r n s n e e z i n g b a t l t g e c g i
 m o t o m r e z r g o e s n h t l l f e

answers from reverse side

People Really Don't Wash Their Hands

The Minnesota Department of Health conducted three discreet observational studies and found:

- 2003 Back to 50's Car Show Event: 64% of females and 30% of males washed their hands
- 2003 State Fair: 65% of females and 39% of males washed their hands
- 2004 State Fair: 75% of females and 51% of males washed their hands

Sudoku

6	3	8	5	2	9	7	1	4
9	2	1	7	8	4	3	5	6
4	7	5	1	3	6	2	9	8
7	1	9	4	6	3	5	8	2
5	4	6	8	7	2	1	3	9
3	8	2	9	5	1	2	5	7
8	5	3	6	4	7	9	2	1
2	9	7	3	1	8	6	4	5
1	6	4	2	9	5	8	7	3