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**COMFORT AND SERVICE TAKE SHAPE IN NEW MEDICAL CENTER**

- *Concentra Opens New Community Medical Center in Nashville*
- *Patient-Focused Design, Superior Interior and Exterior Upgrades*
- *Launches the Next Phase in Medical Delivery*

NASHVILLE, Tenn. — Concentra is changing the way health care is delivered with the opening of its newest flagship medical center in Nashville, Tenn. Taking a note from the hotel industry, the new Concentra medical center combines a premium environment with skilled and trusted medical care, and a greater focus on the entire medical visit. With the opening of the new center, patients are discovering the satisfaction of a health care experience that is affordable, efficient, and welcoming.

The new Concentra medical center concept is designed from the patient's perspective, with every element working to create a welcoming and caring patient experience – throughout the visit. Using this “patient-centric” concept, the new center features a bold graphic directional system, bright interior walls, modern fixtures and materials, and distinctive curb appeal. Complete with wood flooring, soft accent lighting, frosted glass, stucco exterior finishes, and an inviting welcome area with plush furniture and a flat-panel TV, the new Concentra center delivers proven and trusted medical care in a warm and relaxing atmosphere.

Located at 315 14th Avenue North, the new center has approximately 15,000 square feet of space and includes advanced medical facilities, 12 patient exam rooms, and a spacious new physical therapy facility with cardiovascular equipment and work simulation areas. The new center features separate entryways for medical patients and physical therapy patients, extended evening and weekend hours, and affordable health care services for the entire family. Concentra's newest center is also home to Advanced Medical Specialists, Concentra's group of specialty medical providers who provide complex surgical and non-surgical care services. Mark Watkins, M.D., a respected physician practicing in the Nashville area for more than 10 years, serves as Medical Director for the new center, and is joined by Physical Therapy Director Natalie Klevan, and an extensive clinical staff.

“The opening of our new flagship center represents a significant advancement in the delivery of quality and efficient health care services to patients,” said Jeff Wainstein, M.D., Vice President of Medical Operations for Concentra. “We want to revolutionize the way non-emergent health care is delivered in Nashville. We want to offer patients a comfortable and stress-free health care experience, while providing them the best possible medical care from our experienced clinicians.”



More than just another doctor's office, Concentra offers a health care model that incorporates superior service and inviting surroundings to help set patient expectations. As a leader in health care services, Concentra intends to raise the standard of health in the area by putting individuals first, treating them with clinical excellence, and focusing on their ongoing wellness. With extended evening and weekend hours and affordable services for the entire family, Concentra is rapidly becoming the new standard in patient care.

### *Grand Opening Event*

Concentra will celebrate the completion of its new medical center on August 27, with a special event from 4:00 p.m. to 7:00 p.m. Located just off I-40 at Charlotte Avenue, the new Concentra medical center is more visible and accessible, with close proximity to many businesses and company headquarters. The new center is open Monday-Friday 7am-7pm, and Saturday 10am-4pm. The physical address of the new location is:

Concentra Medical Center – Nashville  
315 14th Avenue North  
Nashville, TN 37203  
615.321.5698

For nearly 30 years, Concentra has been a leader in the delivery of health care services. Concentra Urgent Care provides treatment for a wide range of minor injuries and illnesses, including skin infections, broken bones, seasonal allergies, and many other conditions, as well as wellness services such as immunizations, physicals, and vaccinations. With more than 300 national locations, many with weekend and extended evening hours, Concentra delivers the care patients need, when they need it most. For more information, a complete list of services, and Concentra Urgent Care locations, visit [www.ConcentraUrgentCare.com](http://www.ConcentraUrgentCare.com).

### **About Concentra**

Concentra is a leading health care company focused on improving America's health, one patient at a time. Through its affiliated clinicians, the company provides occupational medicine, urgent care, physical therapy, and wellness services from more than 300 medical centers in 40 states. In addition to these medical center locations, Concentra serves employers by providing a broad range of health advisory services and operating more than 240 worksite medical facilities. Through this complement of services, Concentra intends to raise the standard of health by putting individuals first, treating them with clinical excellence, and focusing on their ongoing wellness.

[www.Concentra.com](http://www.Concentra.com) | [www.ConcentraUrgentCare.com](http://www.ConcentraUrgentCare.com)

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